



# IRVING RECREATION CENTER SUMMER DAY CAMP 2014 Grades 3-4

## FAMILY YOGA IN THE PARK

Campers have been practicing yoga all summer long. Start your weekend off right with our Irving Day Camp family "Yoga in the Park" event **Saturday, July 26 from 9:15-10 a.m.** Please RSVP at the front counter by the end of the day Thursday, July 24.

## CAMPAIGN AGAINST HUNGER

Irving Recreation Center is participating in the 2014 City-County Campaign Against Hunger for the Food Bank of Lincoln. This week each camper is encouraged to bring a non-perishable food item from home and to **check it in at the counter** for a ticket to put on our graph in the front hallway. Our goal for the rec. center is one item per camper and staff member: **155** items total.

**Contact Us**  
402-441-7954

## Tie-dye craft and Zoo Trip!

This week at camp we have several fun activities planned! On Tuesday we will be doing a tie-dye activity so please have your camper bring one item with their name already on the tag (T-shirt, etc) to dye. On Friday, July 25 all camps will be going to the Omaha Henry Doorly Zoo.

## THIS WEEK'S HIGHLIGHTS

### Monday

We will be swimming at Irvingdale Pool today from 11:30 to 1:00. Don't forget your swimsuit, towel, and sunscreen. In the afternoon we will have clubs. Campers will get to pick two clubs of their choice!

### Tuesday

In the morning we will be doing tie-dye activities. Make sure to send your camper with something to dye if they would like to participate. Today is our field trip day! We will be going to Oak Lake Park at 1:30 and may not **return to the center until 4:30**. It will be a fun afternoon filled with outdoor activities like canoeing and fishing! Please make sure to have your camper wear their gray field trip T-shirt and bring a water bottle.

### Wednesday

In the morning we will spend some time learning about how to keep our bodies healthy and playing outside games! Today we will be swimming at Irvingdale Pool from 11:30 until 1. Please remember to have your camper bring their swimsuit, towel, and sunscreen.

### Thursday

We will be walking to the South Branch library today around 9:30. We will be back to the center at 11. If your camper would like to check out a book, please have them bring their library card and a bag to carry their books. In the afternoon campers will have a chance to play tennis and practice yoga!

### Friday

All camps will be going to the Omaha Henry Doorly Zoo today. We will leave the center at 9:00 and return by 5:00. Make sure your camper brings a water bottle to camp this day and wears their gray T-shirt!

## IMPORTANT INFORMATION ABOUT FRIDAY

All Irving Day Camps (gr. K-2, 3-4, & 5-7) will visit Omaha's Henry Doorly Zoo on Friday, July 25. **We will leave the center at 9:00 a.m. and are not scheduled to return until 5:00 p.m.**

IMPORTANT: Please do not miss the bus! This will be the only activity option for the day. There will be no supervision available at the rec. center from 9:00 a.m.-5:00 p.m.

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A focused program where youth grow